

Curriculum Vitae

Name: Dr. Rafiq Ahmad Kumar
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Academia:

B.A, B.Ed., M.Ed., M.A.(Sociology), Ph. D.

Academic Achievements:

Qualified UGC NET+JRF+SRF+CBSE CTET + JKSET

Other Qualifications: “O” Level from DOEAC and PGDCA from Pondicherry Central University

Teaching Experience: 5+ Years at Higher Education Level

Present Position:

Designation: **Contractual Lecturer** Kashmir University, J&K

Topic of Research:

Ph. D.

- Occupational Stress in relation to Teaching Competency, Job Satisfaction and Emotional Maturity of Secondary School Teachers

Area of Research:

- Educational Technology
- Educational Psychology.
- Guidance and Counselling

Fields of Interest:

- Educational Psychology
- Research Methodology
- Educational Technology
- Teacher Education
- Educational Sociology

SWAYAM Online Courses:

1. Successfully completed the four credit course **Perspectives on Education** with a consolidated score of **80%** from the evaluation based on continuous online assessments and the proctored examination held in month of September 2020.
2. Successfully completed the four credit course **Psychology of Development and Learning** with a consolidated score of **64%** from the evaluation based on continuous online assessments and the proctored examination held in month of September 2020.
3. Successfully completed the four credit course **Early Childhood Care and Education (ECCE)** with a consolidated score of **63%** from the evaluation based on continuous online assessments and the Proctored examination held in month of March 2021.
4. Successfully completed the four credit course three credit course **Educational Technology** with a consolidated score of **73%** from the evaluation based on continuous online assessments and the Proctored examination held in month of March 2021.
5. Successfully completed the two credit course **Basic Concepts in Education** with a consolidated score of **68%** from the evaluation based on continuous online assessments and the Proctored examination held in month of March 2021.

Conferences:

- 1) *Participated and presented a paper titled, “**Role of ICT in improving teaching learning process and evaluation: a rational view**” at MIER College of education Jammu on 15th November, 2014*
- 2) *Participated and presented a paper titled, “**value education: a key insight of quality education**” at Govt. College of Education Jammu on 19th April, 2015*
- 3) *Participated and presented a paper titled, “**An analytical study of mental health among college level students in relation to their gender, locality and category** on 5th of August , 2016 at Post Graduate Government College for Girls Sector-11, Chandigarh*
- 4) *Participated and presented a paper titled, “**An analytical study of pre-service teacher’s mental health** on 1st of October, 2016 at MIER College of education Jammu, J&K.*
- 5) *Participated in the National Seminar “**On Education and Youth: Challenges and prospects**” on 2nd November 2015, organised by Central University of Jammu*
- 6) *Participated in one day national seminar “**In Gender: Facts and Contents**”, at Central University of Jammu on the 21st of April 2015.*
- 7) *Participated and presented a paper titled, “**standard of research culture in Indian higher education** on 25th-26th of October, 2016 at women’s college Gandinagar Jammu, J&K.*
- 8) *Participated and presented a paper titled “**Emotional Maturity of secondary school teachers in the age of 21st century**” on 24th of March, 2017 at Department of education, Guru Nanak Dev University, Amritsar Punjab.*
- 9) *Participated and presented a paper titled “**Secondary School Teachers and Their Job Satisfaction: The Case of Jammu Division**” on 1st of May, 2017 at Vivekananda College of Education Lakhanpur-Kathua J&K.*

- 10) *Participated and presented a paper titled “Equal Access to Education: Issues and Challenges” in the 2nd international conference on “Recent Research Development in Environment, Social sciences” held on 6th August 2017 at Indian federation of United Nations Associations, New Delhi(India).*
- 11) *Participated and presented a paper titled “ICT in the 21st Century: Role, Importance and Challenges” in the 3rd international conference on “latest innovation in Arts, Social Sciences and Humanities” held on 28th , 29th , 30th September 2017 at the International Centre Goa, Panjim, Goa (India)*
- 12) *Participated and presented a paper titled “Promotion of Inclusiveness in Higher Education: Today and Tomorrow” in the national seminar held on 15th -16th , October 2017 at school of education and department of education, central university of Haryana, India.*
- 13) *Participated and presented a paper titled “Cyber Crime And Security: A Study Of Awareness Among Internet Users” in the two day international conference on contemporary issues in social sciences held on 2nd -3rd of February 2018 at Hans Raj Mahila Vidyalaya, Jalandhar, Punjab, India.*
- 14) *Participated and presented a paper titled “Inclusion in education towards equality for students: Issues and Challenges” in the national seminar organised by P.G. Department of Education, University of Jammu under UGC-SAP (DRS-II.) on 16th of February, 2018.*
- 15) *Participated and presented a paper titled “Social media positive and negative aspects: A case of concern” in the 5th international conference on sustainable destination excellence: transforming social communities through tourism entrepreneurship” organised by school of hospitality and tourism management, University of Jammu on 23-24 of February, 2018.*
- 16) *Participated and presented a paper titled “MOOCs as change agent for transforming the educational system in India” in the one day international seminar on educational empowerment in multidiscipline, S.B.H.S.M. Khalsa College of education Mahilpur, distt. Hoshiarpur, Punjab on 28 of March, 2018.*

National and International Webinars:

- 1) Participated in the one-day national level webinar on “**National Education Policy 2020, a Roadmap for Next Two Decades**” Jointly organized by Dept. of English, Dept. of Sociology and Dept. of Commerce of Arts Commerce College, Yeoda, Amravati, On, 12th of September, 2020.
- 2) Participated in the **International Webinar on “Challenges of Women In Daily Life”** Organized by Women Forum, Bajali Teachers’ Training College, Patacharkuchi, Barpeta (Assam) India, held on 4th October, 2020.
- 3) Participation in the National Webinar on the theme “**Changing Nature of History and Politics**” Organized by Govt. Degree College Utersoo Anantnag Kashmir J&K, India, held on 10th September 2020.
- 4) Participated in an **international webinar** on the theme “**International Career Opportunities & Fellowships for UG and PG Aspirants**” organized by Career Counselling Cell Government Degree College, Anantnag on August 27, 2020.
- 5) Participated in an **International Webinar on Veda For World Peace** On September 10th, 2020 jointly organised by Maharshi Sandipani Rashtriya Vedavidya

Pratishthan ,Ujjain (Madhya Pradesh) And Maharshi Vedic University Vlodrop, The Netherlands.

- 6) Participated in the national Webinar on **“On Line Vs. Off Line Teaching: Significance of Teachers on Teachers Day”** organized by the Department Of Education Siddhinath Mahavidyalaya, West Bengal India On 7th September 2020
- 7) Successfully completed online Webinar on **“Physical Fitness and Covid-19: A Call to Action”** organized by Vidya Bharati Mahavidyalaya,Amravati in collaboration with Arts, Commerce College,Yeoda & PEFI(Vidharbha Chapter) on 18th September 2020.
- 8) Participated in an **International Webinar** and Faculty Development Programme on **Strategies to Write Good Research Article-Part-II** organized by the Manipal Academy of Higher Education on 13th of September 2020.
- 9) Participated in the three day national Webinar on **Theorizing Humanities In The Times Of Crises** organised by the Department Of Humanities And Social Sciences, IIT Ropar, on 21, 22 and 23 September 2020.
- 10) Participated in the two day national Webinar on **National Education Policy 2020** Organised by the Centre for Professional Development of Urdu Medium Teachers (CPDUMT) , MANUU, Hyderabad, on 16-17 September 2020.
- 11) Participated and successfully completed the one-day National Webinar on **“Yoga For Immunity With Respect To The Current Scenario”** jointly organized by Department of Physical Education & Department of Urdu of Arts Commerce College, Yeoda, on 29th August, 2020.
- 12) Participated in the two day national Webinar on **Shrii Shrii Anandamurtijii’s Contribution to Philosophy, Science, Neo-Humanism, Economics And Neo-Humanist Education** held on 17-18 November 2020.

Workshops / Training Programmes:

- 1) *Participated in one day workshop at central university of Jammu on “Scholarly Writing and Plagiarism: key concerns” on 29th to 31 October 2014.*
- 2) *Participated in the ICSSR, New Delhi, sponsored workshop on Research Methodology” held from 12th -21 May 2015 organised by Department of Human Resource Management and Organisational Behaviour, Central University of Jammu*
- 3) *Participated in workshop at Central University of Jammu On “Statistical Analysis Using AMOS.”From 22- 25th May 2015.*
- 4) *Participated in the SPSS South Asia Pvt. Ltd. Sponsored workshop on “Data Analysis Using IBM SPSS Statistics 23.0” from 3rd -4th December 2015 at central university of Jammu*
- 5) *Attended training programme on research methodology in social sciences from February 29, to March 05, 2016 at Department of Education University of Jammu.*
- 6) *Participated in one day workshop on “difficulties faced by teachers in students evaluation at school level” under PMMMMNTT centrally sponsored scheme organised on 20th December, 2016 by centre for assessment and evaluation, school of education central university of Jammu*
- 7) *Participated in one day workshop on “Enhancing life skills and leadership among students: contexts and practices” under the auspices of Pandit Madan Mohan Malviya National Mission on Teachers and Teaching organised by the centre for*

teacher resource and academic support, school of education, central university of Jammu, held on 21st December, 2016.

- 8) *Participated in the training on ICTs in education and learning for teachers and teacher educators of Jammu and Kashmir state held on 9-13 January, 2017 under the auspices of Pandit Madan Mohan Malviya National Mission on Teachers and Teaching organised by the centre for teacher resource and academic support, school of education, central university of Jammu in collaboration with central institute of educational technology, NCERT, Sri Aurobindo Marg, New Delhi-110016.*
- 9) *Attended training programme on research methodology in social sciences from 04-16 September, 2017 at ICSSR Panjab University Chandigarh*
- 10) *Participated in two days' workshop on "Building Teachers' Capacities to enhance Learners' Skills to cope with the New Threats on life" on November 16-17, 2017 organised at temporary Academic Block, central university of Jammu, Sainik Colony, Jammu*

Publications:

- *Kashmir: The paradise Lost Crave for Everlasting Peace. Remarking Vol. II, Issue 5 October 2015. P: ISSN NO.: 2394-0344, E: ISSN NO.: 2455-0817. Page 78-82*
- *Self- Efficacy of Teachers Teaching at Higher Secondary Schools: A Case Study of Jammu Division. International Research Journal of Multidisciplinary Studies, Vol. 3, Issue 7, July, 2017, 1-6. ISSN (Online): 2454-8499.*
- *Empirical overview of the relationship between Job satisfaction and Emotional Maturity of Secondary School Teachers. International Journal of Development Research Vol. 07, Issue, 8, pp.14428-14431, August, 2017. ISSN: 2230-9926.*
- *Learning Preferences of Degree College Students with respect to Demographic Variables. Periodic research, VOL. -6, ISSUE-1, August – 2017, P: ISSN No. 2231-0045 E: ISSN No. 2349-9435, RNI No. UPBIL/2012/55438.*
- *Emotional Maturity: A Study among Secondary School Teachers. Educational Quest: An Int. J. of Education and Applied Social Science: Vol. 8, No. 3, pp. 1-6, August 2017. Print ISSN: 0976-7258. Page 525-530.*
- *Occupational Stress among Secondary School Teachers with reference to Teaching competency, Gender and Teaching subject. Journal of Education: Rabindrabharati University: ISSN: 0972-7175: VOL.: XXIV, NO.:11, 2021-2022. Page 53-64.*
- *Computer-Phobia among Higher Secondary School Teachers: An Empirical Study, Anbhai Saanch, ISSN:2321-2276/UGC SI.No.:49105: volume 24/Oct-Dec:2018. Page 325-334.*
- *ICT IN THE 21ST CENTURY: ROLE, IMPORTANCE AND CHALLENGES. INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS , IJCRT, Volume 8, Issue 6 June 2020 ISSN: 2320-2882,Page 4783-4787.*
- *Social Media: Benefits and the Related Concerns. International Journal of Creative Research Thoughts (IJCRT) Volume 10, Issue 1 January 2022 | ISSN: 2320-2882,page no.771-777.*

Book Chapter:

Strengthening teacher education (editor) Dr. Arun K. Gupta (topic) Teacher Education : Problems and Remedies. ISBN No. 978-93-5268-066-5 published 2018.

REFERENCES:

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The above statements are true and correct to the best of my knowledge

Dr. Rafiq Ahmad Kumar